

Chocolate Coconut Frozen Mocha

Machine: The Quiet One®

Container: 48-ounce Advance® Container

240 ml milk

180 ml brewed double-strength
coffee, chilled

60 ml chocolate syrup

30 ml cream of coconut

1 Tablespoon shredded coconut

260 g ice cubes



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1. Place all ingredients into the Vitamix container in the order listed and secure the lid.
2. Place on base and close the sound enclosure.
3. Select Program 3 and allow blender to complete programmed cycle.

Amount Per 1 cup Serving:

Calories 140, Calories from Fat 45, Total Fat 5g,
Saturated Fat 3.5g, Cholesterol 5mg,
Sodium 60mg, Total Carbohydrate 20g,
Dietary Fiber 1g, Sugars 16g, Protein 3g



THE QUIET ONE®

Professional chefs and culinary schools around the world trust the Vita-Prep® 3 for its exceptional power, versatility, and performance.

- Advanced vibration dampening technology results in quality drinks in a more enjoyable atmosphere.
- Magnetically secured floating sound enclosure is dramatically easier to clean and disassemble with no screws to damage the enclosure.
- 6 program buttons with 34 optimized programs for easier, consistent blending.
- Advance® container creates faster, smoother pouring and has a longer blade life resulting in time and cost savings along with improved customer experience.
- Air management and powerful 3 peak output HP motor reduces noise, improves reliability, and reduces down time.